

Family Matters in Warwickshire

Dr Helen Andrews has been interviewed on a podcast used in training primary care staff (2024). She is asked about the importance of infant mental health:

<https://www.buzzsprout.com/2357978/14973298-infant-mental-health-with-dr-helen-andrews.mp3?download=true> or <https://open.spotify.com/show/4tnhqfSvWfsFiNI3iBxzaa>

Dr Helen Andrews has recently had a chapter published:

Andrews, Helen (2023). Green with Moments in Amber. In: Morgan F & Costello E (eds). *Square Pegs: Inclusivity, compassion and fitting in. A guide for schools*. Independent Thinking Press, pp 239-246.

The following are articles written by Dr Helen Andrews some time ago now. If any of the links expire, you can contact us and request a copy of the article. Interesting how views in some areas have changed and others stayed the same:

Toddle About magazine – Leaving Baby to Cry, January – March 2013
<http://www.toddleabout.co.uk/articles/cc/Leaving-baby-to-cry.php>

Toddle About magazine – What Kind of Parent are You? April – June 2013
<http://www.toddleabout.co.uk/articles/cc/what-sort-of-parent-are-you.php>

Toddle About magazine – A Matter of Routine, July – September 2013
<http://www.toddleabout.co.uk/articles/cc/a-matter-of-routine.php>

Toddle About magazine – Parting is Such Sweet Sorrow, October – December 2013
<http://www.toddleabout.co.uk/articles/northampton/autumn2013/separation%20anxiety.php>

Toddle About magazine – Sleeping Through, January – March 2014
http://issuu.com/toddleabout/docs/toddle_about_warwickshire_jan-mar_2/21?e=2247215/6343241

Toddle About magazine – The Key to Successful Parenting, April-June 2014
and blog

<http://www.toddleabout.co.uk/blog/the-key-to-successful-parenting-attending/>

Toddle About blog – Introducing Baby, May 2014

<http://www.toddleabout.co.uk/blog/the-new-baby-how-to-prepare-and-introduce-your-toddler-to-their-new-sibling/>

Toddle About blog – How to Discipline Your Child Effectively, June 2014

<http://www.toddleabout.co.uk/blog/how-to-discipline-your-child-effectively-without-using-the-naughty-step/>

Toddle About blog – The Fearful Child, July, 2014

<http://www.toddleabout.co.uk/blog/the-fearful-child-where-fears-come-from-and-how-to-help-your-child-overcome-them/>

Toddle About magazine – Starting School: How to Help an anxious Child, July-September 2014

http://issuu.com/toddleabout/docs/toddle_about_warwickshire_july2014/20?e=2247215/8503914

Toddle About blog – Starting School, August 2014

<http://www.toddleabout.co.uk/blog/starting-school-5-ways-to-help-an-anxious-child/>

Toddle About magazine – When Things go Bump in the Night, October-December 2014

http://issuu.com/toddleabout/docs/toddle_about_warwickshire_oct2014/8?e=2247215/9660145

Toddle About blog – Are Today's Parents Overprotective? October 2014

<http://www.toddleabout.co.uk/blog/are-todays-parents-over-protective/>

Toddle About blog – Is your child getting too much screen time? – November 2014

<http://www.toddleabout.co.uk/blog/is-your-child-getting-too-much-screen-time-a-psychologists-opinion/>

Toddle About magazine – Toddler sleep issues when the new baby comes, January – March 2015

<http://www.toddleabout.co.uk/articles/warwickshire/newyear2015/family-matters.php>

Toddle About magazine – Who's The Boss, April – June 2015

https://issuu.com/toddleabout/docs/toddle_about_warwickshire_april_-_june?e=2247215/12289650

Toddle About blog – Who’s The Boss? – April 2015

<https://www.toddleabout.co.uk/blog/whos-the-boss-how-to-meet-your-little-ones-needs-and-stay-in-control/#more-644>

Toddle About magazine – The Baby Blues, July – September 2015

https://issuu.com/toddleabout/docs/toddle_about_warwickshire_july-sept_d2edc74df665e4?e=2247215/14048200

Toddle About blog – The Baby Blues July 2015

<https://www.toddleabout.co.uk/blog/the-baby-blues-what-they-are-when-to-worry-and-how-to-look-after-yourself/>

Toddle About blog – The Terrible Twos, October 2015

<https://www.toddleabout.co.uk/blog/the-terrible-twos-terrible-for-whom/>